

Canberra Two Day Walk Inc.

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A member of the IML and IVV
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The Sydney “Darling Harbour, The Rocks and the Botanic Gardens” Year Round IVV Walk

This walk has been established by the Canberra Two Day Walk (CTDW) Association and is sanctioned by the IVV (International Federation of Popular Sport) as being eligible for credit towards IVV Achievement Awards. If doing the walk unguided, and you wish to obtain the IVV stamp for your record book, please send the required fees and the answers to the questions to CTDW, together with the walker's IVV record book(s) and a stamped, self-addressed envelope. The books will then be stamped and returned by mail. If a number of such “postal arrangement” walks are proposed to be carried out, then the IVV record books, answers, fees etc, need only be sent after all the walks have been completed. Alternatively you can get the stamps from the IVV stand when attending the Canberra International Walking Weekend.

The walk is 11 km long, starts and finishes at Circular Quay at the entrance to the Railway Station, and shows you “historic Sydney”. It may be walked in either direction. The following route description supplements the map and is for walking the route clock-wise.

Please note that you participate entirely at your own risk.

Route Description

1. At Circular Quay railway station, looking at the ferry terminals, go RIGHT, and after the last ferry terminal go LEFT along the water (Sydney Cove), to the Sydney Opera House.
2. With the steps of the Sydney Opera House on your left, go to the end of the concourse, and through the smaller gate at the right of the concourse (not the QE2 gate), into the Botanic Gardens.
3. Follow the path around the Government House reserve and then continue (south) past the grassed area. At the small rotunda (shelter), take the left branch and follow any of the signed paths to the Restaurant and Kiosk (or the adjacent Toilets).
4. Then follow the signed paths leading towards Mrs. Macquarie's Point.

QUESTION 1: What is the date mentioned in the stone inscription about Mrs Macquarie's Road?

5. From Mrs Macquarie's Point continue on the path along the bay (Woolloomooloo Bay). This joins up with the footpath along Mrs Macquarie's Road. Follow this all the way to the Art Gallery (which will appear on your left).
6. Turn RIGHT at the Art Gallery, using the pedestrian crossing, into the large open grass park, the Domain). Take the path directly ahead (across the North side of the park), past the café and statue of John Robertson. Near the far end of the path, take the left fork to the (visible) stairs on the other side of Hospital Road.
7. Cross Hospital Road, go up the steps, and follow the path between the old State Library Building (on your right) and the new Library building (on your left), to Macquarie St.

8. At Macquarie St turn LEFT. You will now pass a number of historic buildings: the Sydney Hospital, NSW Parliament House, Sydney Hospital, Sydney Mint, and Hyde Park Barracks. You may be interested visiting some of these (e.g. Interesting display at Hyde Park Barracks)
9. After Hyde Park Barracks, cross Prince Albert Rd and go into Hyde Park, taking the main pedestrian path down the centre of the park, past the Archibald fountain.
10. At the far side of the first section of the park, cross Park St, and continue in the second section of the park to the Anzac War Memorial.
11. At the back of the Memorial, take the right fork to the corner of the park. Cross Elizabeth St, and walk along Liverpool St to George St (crossing Castlereagh and Pitt St on the way).
12. Cross George St, turn LEFT and walk along George St to Hay St (crossing Goulburn St on the way)
13. At Hay St turn RIGHT, cross Sussex St, and walk a short distance along Hay St (past the “Gold” tree) to Dixon St.

QUESTION 2: What is the name of the building along Hay St opposite Dixon St?

14. Turn RIGHT into Dixon St. (This is the “China Town” area of Sydney).
15. Walk along Dixon St (pedestrian mall). Cross Little Hay St on the way and continue. At the Chinese arch and little pagoda, turn LEFT into Goulburn St.
16. Shortly after, cross Harbour St (at the lights), turn LEFT, and then RIGHT at the next little road (next to the “All Seasons”). At the “Pump House” Restaurant turn RIGHT into the pedestrian area leading to Darling Harbour, proceeding under the elevated roadways and past the Sydney Exhibition Centre.
17. CONTINUE northwards through the Darling Harbour area, past the children’s playground, water features etc., to the water (Cockle Bay). Then walk to Pyrmont Bridge at the far end, keeping to the LEFT side of Cockle Bay.
18. At Pyrmont Bridge continue under the bridge towards the Anchor sculpture at the National Maritime Museum.

QUESTION 3: How many anchors are there at the sculpture in front of the Maritime Museum?

19. Turn LEFT onto the path leading onto the bridge. Walk along the bridge to the other side of Cockle Bay. At the far end of the bridge, take the (up) stairs at the right of the bridge to the overpasses, which lead to Market St.
20. Walk along the right side of Market St to the Queen Victoria Building - worth a visit!
21. Continue along Market St to Pitt St, where you turn LEFT (crossing Market St) and walk along Pitt St pedestrian mall. Cross King St, and continue along the Left side of Pitt St.
22. Turn LEFT into Martin Place, past the facade of the old Post Office building which now forms one side of a high-class hotel.

QUESTION 4: What is the name of the Hotel, which uses the facade of the old Post Office building in Martin Place?

23. At the end of Martin Place, cross George St and turn RIGHT. Continue along George St for about 600 m, taking you past some of the business establishments of Sydney.
24. Near the end of George St, continue under the elevated road and railway, and then take the next turn LEFT (at Russe Hotel) into Globe St, and after a short distance turn RIGHT into Nurses' Walk. You are now in one of the oldest parts of Sydney – an area called “The Rocks”. Plaques along the streets give some information on the history of the area.
25. Near the end of Nurses Walk, turn LEFT into a small lane called Suez Canal and then turn RIGHT into Harrington St. Cross Argyle St.
26. If you wish, you can now take a side trip to get onto Sydney Harbour Bridge, (and even walk the Bridge to the other end or climb the south east pylon!). To do this, turn left, and walk up Argyle St for a short distance to the Argyle Stairs (on your right). At the top of the stairs, cross the road and to the left you

will find the “Bridge Stairs”, which will take you on to the Harbour Bridge. Afterwards, return to the Argyle St crossing spot.

27. After crossing Argyle St, continue along the pedestrian mall (Playfair St) and then through Rocks Square. This leads naturally into Atherden St, which has a bend to the right leading to George St.

QUESTION 5: Who are the three figures in the sculpture at the bend in Atherden St?

(a) (b) (c)

28. Cross George St, turn RIGHT, and after a short distance cross Hickson Rd at the pedestrian crossing, turn LEFT into Hickson Rd. Then proceed down the steps beside “Campbell's Storehouse” to the concourse along Campbell's Cove. This has some interesting views.

29. Continue to the RIGHT, under the elevated roadway (of the overseas passenger terminal), along the lower road (Circular Quay West).

30. After passing the Passenger Terminal on your left, you will see the historic Cadman's Cottage on your right (set back a little from the road). This is now the National Parks and Wildlife Service Information office. (The Tourist information office is next door, at the top of the stairs to the right.)

QUESTION 6: What was “Cadman's Cottage” used for in 1845?

31. Continue along the paved area beside the water (Sydney Cove) to the Ferry Terminals and arrive at the finish of the Walk at Circular Quay Railway Station.

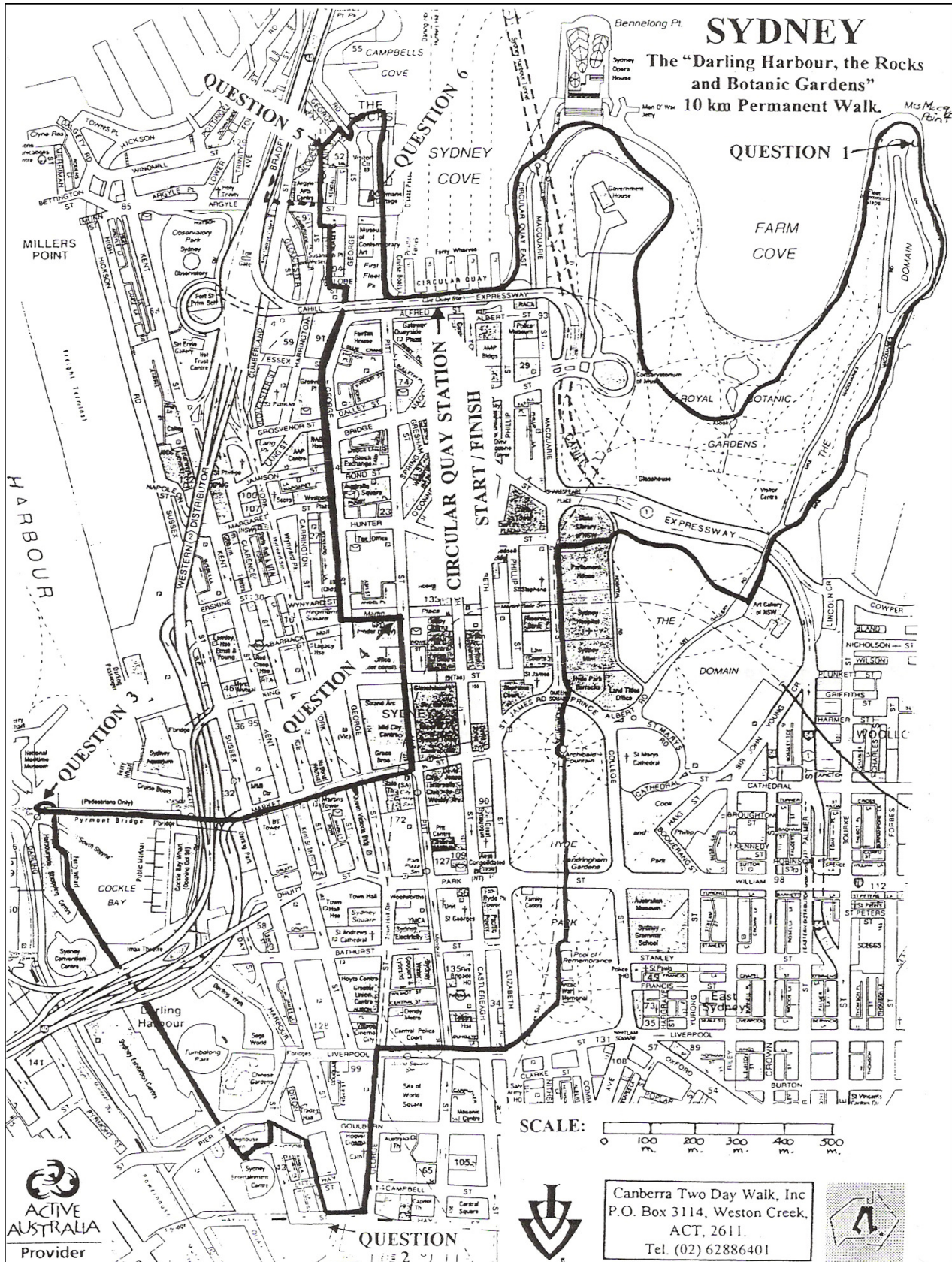
Congratulations on finishing your walk. We trust you enjoyed it, and will tell others about it.

**Also note our main event of the year,
The Canberra Two Day Medal Walk, on the first weekend of April each year.**

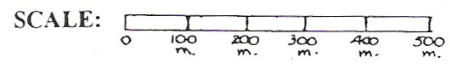
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SYDNEY

The "Darling Harbour, the Rocks and Botanic Gardens"
10 km Permanent Walk.




ACTIVE AUSTRALIA
Provider



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